X-Excel NC#1

NEWSLETTER

INSIDE

December 2018

ISSUE

Employee of the Month

X-Excel is an agency certified to provide an array of community based services in the State of Ohio. Our mission is to do more of what works and/or adds value and to do less of what doesn't work and/or doesn't add value to the lives of the individuals we serve. We will only do things that adults without developmental disabilities do.

📁 **LAUREN SCOTT**   **BY: BILL W**

- Favorite Food : Pizza
- Favorite Animal : Panda Bear
- Favorite Resturant: Red Lobster
- Favorite Color : Blue
- What I like about working at X-Excel – Being with all my staff and having a nice boss named Kelly

Macadamia Nut Cookies

Ingredients:

- 1 cup butter, softened
- 3/4 cup sugar
- 3/4 cup packed brown sugar
- 2 large eggs
- 1 teaspoon vanilla extract
- 2-1/4 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 2 jars (3-1/2 ounces each) macadamia nuts, chopped
- 2 cups (12 ounces) semisweet chocolate chips
- 1 cup (6 ounces) white baking chips

Directions:

- In a large bowl, cream butter and sugars until light and fluffy. Add eggs and vanilla; beat on medium speed for 2 minutes. Combine the flour, baking soda and salt; add to creamed mixture and beat for 2 minutes. Stir in nuts and chips. Cover and refrigerate several hours or overnight.
- Drop by tablespoonfuls 2 in. apart onto ungreased baking sheets. Bake at 375° for 10-12 minutes or until golden brown. Cool on pans for 1 minute before removing to wire racks; cool completely.

Editor's Note: 2 cups of chopped almonds may be substituted for the macadamia nuts.
Nutrition Facts:
2 each: 201 calories, 12g fat (6g saturated fat), 26mg cholesterol, 170mg sodium, 24g carbohydrate (14g sugars, 1g fiber), 2g protein

Selfies with Katie

(NC#1 Intern)

DECEMBER FACTS   BY: CHRIS B

1. An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green and sunny.

2. The name December comes from the Latin *decem* for "ten", as it was the 10th month in the Roman Calendar.

3. The term Yuletide comes from a Norse tradition of cutting and burning a tree to bring in the Winter Solstice. This was to last through 12 days – later known as the 12 days of Christmas.

4. December 12th is Poinsettia Day.

5. Saint Nickolas, who would eventually be called Santa Claus, was originally the patron saint of children, thieves and pawnbrokers!

6. December 28th is considered by some to be the unluckiest day of the year.

7. The first artificial Christmas tree was made in Germany, fashioned out of goose feathers that are dyed green!

8. Spiders and spider webs are considered good luck on Christmas.

9. Common decorations on a Christmas tree each have their specific meanings. Candles – the light of the world, the Star at the top is a reminder of the first Christmas night and Candy canes are to represent the Shepherd's cane.

10. "Jingle bells" was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!

11. In 1647 Oliver Cromwell, English Puritan leader, banned the festivities of Christmas for being seen as immoral on such a holy day. Anyone who was seen celebrating was arrested! The ban was lifted in 1660.

12. An ancient legend states that forest animals can speak in human language on Christmas Eve!

December Birthday's

Jill H – 12.16

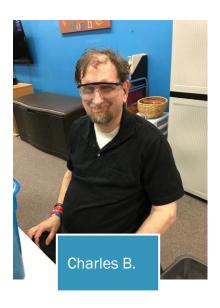*Kelly F. – 12.20*

Sue T. – 12.20

Janet P. – 12.25

Happy Holidays

Hard at work with smiles
on their faces !!

By: Garrett H.

Merry Christmas

Merry Christmas

Welcome

Charles B.

Veronica P.

Christmas Favorites

Josh : Spending time with family and girlfriend

Kelly : Watching my kids open presents and spending time with the family

James :Jesus Christ

Bill W. Opening Presents

Garrett: Egg Nog

Daniel : Eating Cookies